

Information Sheet

Making sure more people with a learning disability from Black, Asian, and Minority Ethnic backgrounds get annual health checks



About the project

The Race Equality Foundation has been working on more equal health care for people with a learning disability from Black, Asian, and Minority Ethnic backgrounds.



We have been working to make sure more people get an annual health check. We have already found out that it can be hard for some people to get an annual health check.



There is not enough information on annual health checks for people with a learning disability from Black, Asian, and Minority Ethnic backgrounds.



What work do we want to do?

We want to do more work to help with the problems some people have with getting an annual health check. We want to think about issues to do with equality, race and culture.



We would like to make more information that is easy to understand. This could be things like leaflets and videos. This information will help to explain how annual checks work



We want more people with a learning disability from Black, Asian, and Minority Ethnic backgrounds to know about health checks. This also means their friends, family, carers and wider support network.

What will happen if you join the work?



We have a co-production working group. You can join this group and share your views and experiences on annual health checks. This would mean taking part in three co-production group meetings.



You will be asked to help us come up with information that is easy to understand. This will include leaflets and videos



You can use your own experiences to help us make the information and make sure that it suits different cultures



These meetings will be online in February and March 2024.



Some people will also have the chance to take part in a series of short films. This will mean:



- Saying what you know about annual health checks and what it is like to have a check



- Travelling to London or Leeds at the end of February and beginning of March 2024 to take part in filming.



Why is it good to be part of this work?

It is good to be part of this work because:

- You can help us make the right information for different cultures
- You can help us make sure the information is easy to understand
- You can help more people with learning disabilities from Black, Asian and minority ethnic backgrounds to get good annual health checks



What do you get for doing the work?

You will get a £75 thank you payment for each co-production group meeting you go to. You will also get a £200 thank you payment for taking part in a short video.



Who to contact for more information about the project?

You can contact Jahan by email to find out more about this project.

Email: jahan@racefound.org.uk

