

On Wednesday 14 October, Liverpool moved from Local COVID Alert Level High to Local Alert Level **Very High**. These measures will be reviewed every 14 days to consider whether they are still appropriate.

We are keen to get your help to communicate the Covid Alert Levels and guidance with your networks and also to explain why it is important that we all follow the rules in place in our local areas.

### **Suggested activity**

Please use your voice within your networks to emphasise how important it is to follow the new rules. We have suggested some activities below:

- Amplify the [press release](#) from the Department of Health and Social Care.
- Share the [Postcode checker](#) so people can find out what measures affect them,
- Share the [Local COVID alert level: very high guidance](#) with your networks
- Share your local Council's social media posts [@lpoolcouncil](#)
- Create content and share via your own and your network's channels including closed groups such as Whatsapp.

Please also let us know what else you need and how we can support you.

### **Key messages**

- **New local restrictions, effective from Wednesday 14 October**, include:
  - Pubs and bars will close. They can only remain open where they operate as if they were a restaurant – which means serving substantial meals, like a main lunchtime or evening meal. They may only serve alcohol as part of such a meal
  - Indoor gyms and fitness/dance studios, sports facilities, leisure centres, betting shops, adult gaming centres and casinos will close
  - Wedding receptions will not be permitted
  - People should try to avoid travelling outside their local area, or entering another area rated Very High other than for work, education, accessing youth services, or to meet caring responsibilities
  - People should avoid staying overnight in another part of the UK if they are resident in the Liverpool City Region and avoid staying overnight in the Liverpool City Region if they are resident elsewhere.
- **Existing national restrictions**
  - Hospitality for food and drink will be restricted to table service only.
  - Late night restriction of operating hours will be introduced, so leisure and entertainment venues will be required to close between from 10pm and 5am.
  - People will need to continue to comply with the 'rule of six' where it is against the law to meet people you do not live with in a group larger than six (apart from specific exemptions listed in the [national guidance](#))