

# Covid -19 Secure Gurdwara Sahib Check List



# 1. Circulation Design:

This is to minimise facial /cross over contact-this may need use of fire exists and creation of marked walkways. Screens, ropes and floor tapes would be needed.

• Creative designs would minimise risks.

# 2. Protections of staff and regular volunteers:

• Visors, masks, gel, disposable apron, disposable gloves etc would be required. Other measures for sangat would also protect them.

### 3. Sangat/Congregation members:

- Hand washing facility with paper towels, gels and circulation /distance markings needed along with checking of temperatures at the entry point.
- Sangat members to wear own masks at entry and retain the cover whilst in the Gurdwara Sahib.

### 4. Material Requirements: -

- Written risk assessments and procedures to minimise infection transmission
- Training of staff, committee members and volunteers
- Stock of disposable masks, gloves and aprons for staff and regular volunteers
- Gels
- Paper towels with dispensers
- High visibility floor tape
- Plastic or other materials to construct screens
- Signage at key points
- Posters setting out processes
- Face visors for key staff and volunteers
- Stock of liquid antibacterial soap
- Thermometers for distancing checking
- Stock of kitchen rolls (if wraps are provided for langar)
- Disinfectant sprays, wipes and in liquid form
- Perspex or other material for periodic wiping near the matha tek area should it be used rather than encouraging standing namashkar

Surinder Singh Jandu MBE President Council of Gurdwaras South East, London

Baldev Singh Bains Convener Sikh Study Forum

Sikh Help Line Tel: 0845 644 0704 or 07999 004 363